

Foshay Academy 2019

Day 1: Saturday, August 31st/2019

Cross Country Day

Time	Activity
8:30 – 9:00AM	Registration and Name Game
9:00 – 9:30AM	Safety Around Horses at the Event
9:30 – 10:30AM	Show Day Prep – Horse and Rider
10:30 – 11:30	Watch the Rides
11:30 AM – 12:30PM	Author Visit
12:30PM – 12:45PM	Clean Up

Day 1: Sunday, September 1st/2019

Show Jumping Day

Time	Activity
8:30 – 9:00AM	Registration and Name Game
9:00 – 9:30AM	Safety Around Horses at the Event
9:30 – 11:00AM	Nutrition and Fitness for the Rider
11:15– 12:15PM	Watch the Rides
12:15PM – 12:30PM	Clean Up